

Swim Team Competition

Competition for boys and girls is in the following Age Group Divisions:

- 6 & Under
- 7 - 8 years
- 9 - 10 years
- 11 - 12 years
- 13 - 14 years
- 15 - 18 years

Swim Team Events

Age-specific events are as follows:

- **6 & Under**
Swim one length of the pool freestyle and backstroke
- **10 yrs & Under**
Swim 25 yards freestyle, backstroke, butterfly, breaststroke and individual medley
- **11 yrs & Older**
Swim 50 and 100 yards freestyle, backstroke, butterfly, breaststroke and individual medley
- **Relay: 12 & Under**
- **Relay: 13 – 18 years**
- **Medley Relay**
Each swimmer in the relay does a different stroke
- **Free Relay**
Everyone in the relay swims freestyle.
For more information, please contact Carol at:
Coachcarol@grotonpoolandgolf.com.

About Our Swim Team

The Groton Pool & Golf Center Swim Team is open to season pass holders and non-season pass holders of the Center.

A low-key summer activity for those interested in competitive swimming, we participate in several home and away swim meets.

Participation is open to children ages 4 though 18. Summer League rules dictate that swimmers can participate the summer after high school graduation, but not during college.

Long hair must be tied back or capped. Goggles are mandatory (available for purchase at the kick-off meeting). Team suits, t-shirts, and other team apparel can be ordered through the Team Moms at the kick-off meeting.

All participants are invited to join the Team Yahoo! Group via e-mail. This group is the primary way we communicate with the team, so it is important to join the group!

Swim Team season begins when schools close for summer break, and ends the second week of August. Exact dates will be confirmed via the Yahoo! Group.

Parent Volunteers

We welcome parent volunteers' help at swim meets. Don't worry- we'll show you what to do!

Groton

POOL & GOLF CENTER

2012 Swim Team Registration



RECREATION WITH FAMILY AND FRIENDS!

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WWW.GROTONPOOLANDGOLF.COM

