

Registration

Registration is available on-line, by mail, or in person. Students are scheduled on a first come, first serve basis.

Child's Name	Age	Level	1 st Choice Session	1 st Choice Time	2 nd Choice Session & Time

Parent Name: _____ Season Pass Holder ? Yes No

E-mail Address (Required): _____

Street Address: _____ Town: _____ State/Zip: _____

Home #: _____ Work #: _____ Cell #: _____

By signing this form, I, parent or guardian of the registered swimmer(s) release and hold harmless the Groton Pool & Golf Center, Town of Groton, its agents and employees from all liability in connection with the swimmer's participation in the program.

Signature: _____ Payment methods: Cash, check, or credit card.

Please charge my: AMEX Mastercard Visa Discover Card Amount: \$ _____

Card #: _____ Exp. Date: _____ 3-Digit V-Code: _____

Signature: _____

Groton

POOL & GOLF CENTER

2012 Swim Lessons



RECREATION WITH FAMILY AND FRIENDS!

94 Lover's Lane
Groton, MA 01450
978.448.3996

WWW.GROTONPOOLANDGOLF.COM

Swimming Level Guidelines

Level 1: (Ages 3 & up)

- Afraid of the water
- Cannot swim at all
- Will not get face wet
- Blows bubbles

Level 1+:

- Loves the water
- Cannot swim at all
- Will get face wet
- Will jump in

Level 2:

- Can swim with no floatation
- Not afraid of the water
- Needs to learn strokes
- Will float on back

Level 2+:

- Able to swim 10 yards freestyle
- Backstroke
- Able to swim in deep water
- Diving

Level 3:

- Can swim 25 yards freestyle with rhythmic breathing
- Backstroke
- Begins to learn Breaststroke or Butterfly

Level 4: (Grouped by Age & Ability)

- Freestyle • Breaststroke
- Butterfly • Backstroke

Mom/Dad & Toddler: (9 mos. – 3 years)

- Five classes; 30 minutes each
(See schedule for dates)

Lifeguard & Swim Instructor Training

- For more information, e-mail:
Coachcarol@Grotonpoolandgolf.com

**REGISTER
TODAY!**

2012 Swim Lesson Schedule

Session A: 6/25/12 - 7/06/12

Session B: 7/09/12 - 7/20/12

Mom/Dad & Tot: 7/09/12 - 7/13/12

Mom/Dad & Tot: 7/16/12 - 7/20/12

Session C: 7/23/12 - 8/03/12

Session D: 8/06/12 - 8/17/12

<u>Class Time</u>	<u>Class Level</u>
9:00 – 9:40 AM	Level 1 thru 2+
9:45 – 10:25 AM	Level 1 thru 4
10:30 – 11:10 AM	Level 1 thru 4
11:15 – 11:55 AM	Level 1 thru 4
11:00 – 11:30 AM	Mom/Dad & Tot

2012 Swim Lesson Fees

(Per child)

Season Pass Holder	\$ 80
Non-season Pass Holder (Groton Resident)	\$120
Non-season Pass Holder (Non-resident)	\$150
Mom/Dad & Tot	½ of above price
Private Lesson (30 minutes)	\$ 42
Semi-Private (30 minutes)	\$ 25
Private with Coach Carol or Jen	\$ 48
Semi- Private w/Coach Carol or Jen (per child)	\$ 30

- Private lessons are taught by Certified Instructors. Bookings are made in person at the Pool Deck or via e-mail to Coachcarol@Grotonpoolandgolf.com
- Parents: Please choose the level that best fits your child from the Swimming Level Guidelines list.

2012 Swim Lesson FAQ's

- Groton Pool & Golf Center will offer (4) two week sessions, five days each week. Every effort will be made to keep class numbers between six and eight members.
- Classes are taught by certified Water Safety Instructors.
- In the event of inclement weather (light rain or drizzle), classes will be held.
- Heavy rain: Classes will not be held.
- Thunder & Lightning: class will not be held, and due to time constraints, will not be made up.
- There must be at least a 45 minute waiting period after the last instance of thunder. (i.e., If the 9 AM class was cancelled due to thunder & lightning, it is likely that the 9:45 AM class will also be cancelled, however the 10:30 AM class will still take place if there is no thunder/lightning.)
- All classes are filled on a first come/first serve basis. Season pass holders receive priority for class registration.
- **Class times will be confirmed via e-mail.**
- Lesson registrations are taken in the order in which they are received.
- No refunds are given once class has begun, unless a doctor's note is provided.
- Cancellations can be made up to 14 days prior to the commencement of classes.

Aquatic Center
(508) 517-6698

Carol Wright, Director
Coachcarol@Grotonpoolandgolf.com