

Registration

Registration is available on-line, by mail, or in person. Students are scheduled on a first come, first serve basis.

Child's Name	Age	Level	Time	Session	2 nd Choice

Parent Name: _____ Member? Yes No

E-mail Address (Required): _____

Street Address: _____ Town: _____ State/Zip: _____

Home #: _____ Work #: _____ Cell #: _____

By signing this form, I, parent or guardian of the registered swimmer(s) release and hold harmless the Groton Country Club Authority Town of Groton, its agents and employees from all liability in connection with the swimmer's participation in the program. Signature _____

Payment methods: Cash, check, or credit card. Please charge my: Mastercard Visa Discover Card

Card #: _____ Exp. Date: _____ 3-Digit V-Code: _____

Signature: _____

Groton

COUNTRY CLUB

2010 Swim Lessons



94 Lover's Lane
Groton, MA 01450
978.448.3996
WWW.GROTONCOUNTRYCLUB.COM

Swimming Level Guidelines

Level 1: (Ages 3 & up)

- Afraid of the water
- Cannot swim at all
- Will not get face wet
- Blows bubbles

Level 1+:

- Loves the water
- Cannot swim at all
- Will get face wet
- Will jump in

Level 2:

- Can swim with no floatation
- Not afraid of the water
- Needs to learn strokes
- Will float on back

Level 2+:

- Able to swim 10 yards freestyle
- Backstroke
- Able to swim in deep water
- Diving

Level 3:

- Can swim 25 yards freestyle with rhythmic breathing
- Backstroke
- Begins to learn Breaststroke or Butterfly

Level 4: (Grouped by Age & Ability)

- Freestyle • Breaststroke
- Butterfly • Backstroke

Mom/Dad & Toddler: (9 mos. – 3 years)

- Five classes; 30 minutes each
(See schedule for dates)

Lifeguard & Swim Instructor Training

- For more information, e-mail:
Coachcaol@Grotoncountryclub.com

**REGISTER
TODAY!**

2010 Swim Lesson Schedule

Session A:	6/28/10 - 7/09/10
Session B:	7/12/10 - 7/23/10
Mom/Dad & Tot:	7/12/10 - 7/16/10
Mom/Dad & Tot:	7/19/10 - 7/23/10
Session C:	7/26/10 - 8/06/10
Session D:	8/09/10 - 8/20/10

<u>Class Time</u>	<u>Class Level</u>
9:00 – 9:40 AM	Level 1 thru 2+
9:45 – 10:25 AM	Level 1 thru 4
10:30 – 11:10 AM	Level 1 thru 4
11:15 – 11:55 AM	Level 1 thru 4
11:00 – 11:30 AM	Mom/Dad & Tot

2010 Swim Lesson Fees

(Per child)

Member	\$ 80
Non-member (Groton Resident)	\$120
Non-member (Non-resident)	\$150
Mom/Dad & Tot	½ of above price
Private Lesson (30 minutes)	\$ 42
Semi-Private (30 minutes)	\$ 22
Private with Coach Carol	\$ 48
Semi- Private with Coach Carol (per child)	\$ 30

- Private lessons are taught by Certified Instructors
- Bookings are made in person at the Pool Deck
- Parents: Please choose the level that best fits your child from the Swimming Level Guidelines list.

2010 Swim Lesson FAQ's

- Groton Country Club will offer (4) two week sessions, five days each week. Every effort will be made to keep class numbers between six and eight members.
- Classes are taught by certified Water Safety Instructors.
- Class times will be confirmed via e-mail.
- In the event of inclement weather (light rain or drizzle), classes will be held.
- Heavy rain: Classes will not be held.
- Thunder & Lightning: class will not be held, and due to time constraints, will not be made up.
- There must be at least a 45 minute waiting period after the last instance of thunder. (I.e., If the 9 AM class was cancelled due to thunder & lightning, it is likely that the 9:45 AM class will also be cancelled, however the 10:30 AM class will still take place if there is no thunder/lightning.
- All classes are filled on a first come/first serve basis. Club members receive priority for class registration.
- Lesson registrations are taken in the order in which they are received.
- No refunds are given once class has begun, unless a doctor's note is provided.
- Cancellations can be made up to 14 days prior to the commencement of classes.

Aquatic Center
(508) 517-6698

Carol Wright, Director
Coachcarol@Grotoncountryclub.com